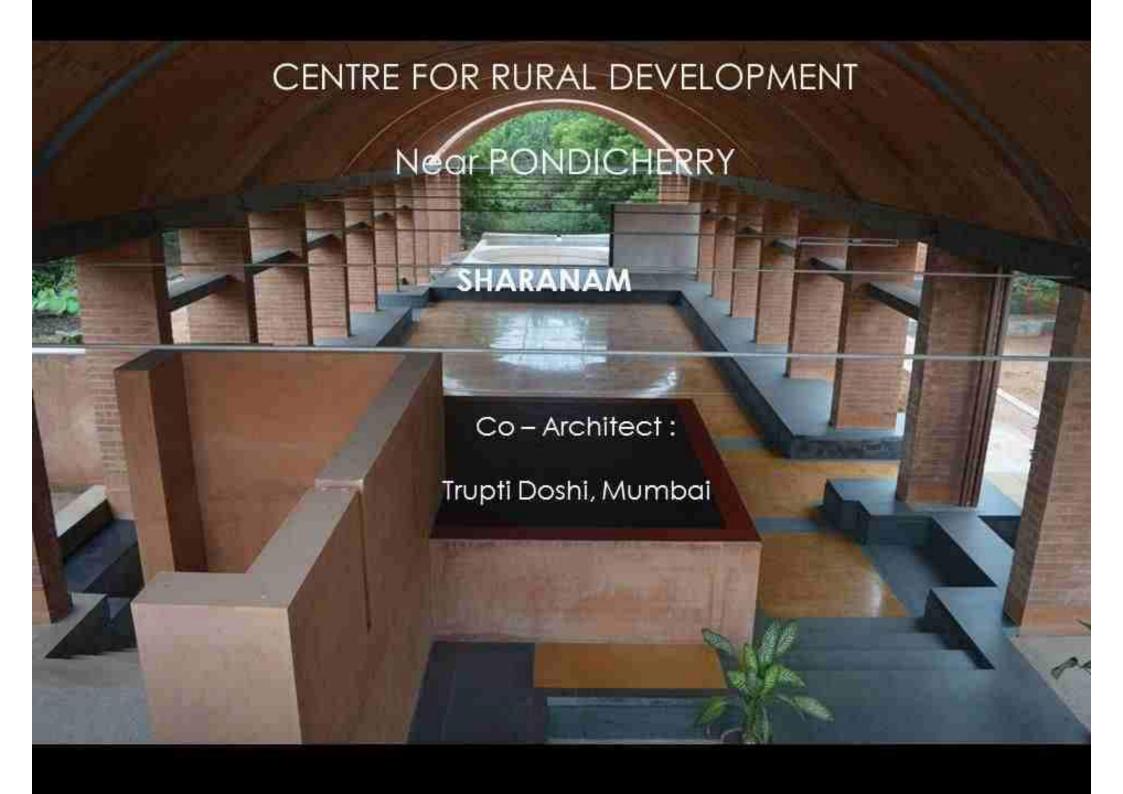


Book IX Canto III



#### This is a story.

A real life story. Of a building. And its builders. And the people for whom it is built.

A story that can be expressed in 3 simple Gujarati words:

"Shunya mathi Sarjan"

which means Creation from Nothing.

There is no skilled construction crew, no expensive materials, no specialist tools, no workshop machinery, no patented products or proprietary systems.

And yet, at Sharanam, a massive 200 tonne earthen vault – highly engineered to span 9.5m – has been built without any supporting formwork and by training village masons to work to a precision of 0.5 mm.

An entire world of delightful flexible spaces has been created below.

Our materials ? Soil, water, sand, a little cement and even less steel.

Our tools ? Trowels, buckets, sieves, home-grown scaffolding, plumb lines, spirit levels, tapes, coir rope and a ball of string.

With hands alone, any detail is possible.

## DISCLAIMER

This presentation is about 7 years of ceaseless hard work Including 350 non stop Sundays
At 16 hours a day.

It will be rigorous.

# SHARANAM

### CENTRE FOR RURAL DEVELOPMENT

designed to act as a venue for a variety of programmes which include

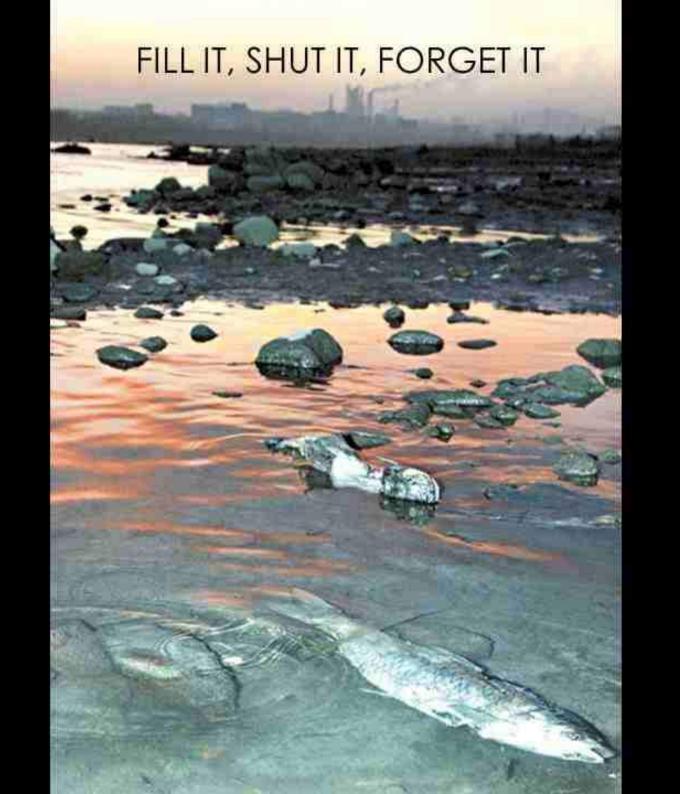
rural health & sanitation,
Education & teacher training,
income generation,
self development
among women, youth, children
based on

psychological empowerment.











### THE CHALLENGE

DESIGN Unique, Modern, Inspirational, Replicable Approach

ECOLOGY Restore the ecological landscape of the site

scarred due to illegal mud quarrying

CLIMATE Thermally comfortable in an excessively hot & humid climate

TECHNOLOGY Sustainable materials & techniques,

Minimize use of steel & cement, Scalable

ECONOMICS Cost effective, not low-cost

CULTURE Drawing ingenuity from traditional wisdom

Suited to the rural context

SOCIAL Upgrade skills of local villagers

Employ them in the meaningful creation of Sharanam

For Them, With Them

In the process, impart Confidence and Dignity.



## INSPIRATION

The best Gathering Space in a Village :
The Shade of a Tree

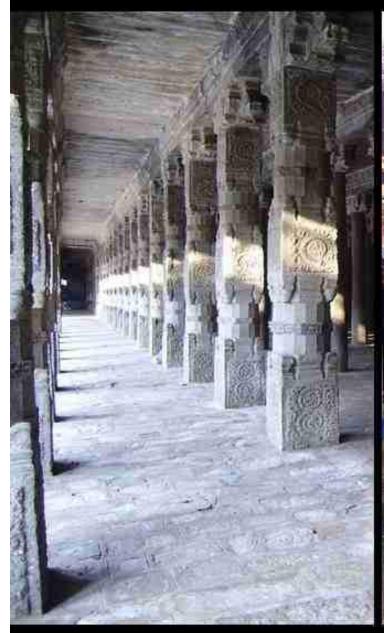
What is it about a Tree?

Shade from intense heat in the excessively hot climate of Tamil Nadu

Maximising Ventilation in the high humidity of the coastal area

Can we design a building like a tree ?

## Study of Traditional Tamil Buildings demonstrates a strikingly similar climatic response











Illegal mud quarry across the road from Sharanam

Parts of Sharanam also looked like this



# FIRST RESPONSE - SOIL HEALING





Plantation of over 3000 indigenous trees

Reducing water reqt by 75% by using Pot Drip Irrigation

# WATER CONSERVATION







Contour Trenches

Contour Bunds & Silt Traps

Ground Water Recharge into existing Open Well

# WATER CONSERVATION



#### SEARCH FOR THE MOST APPROPRIATE BUILDING MATERIAL

Researched several sustainable materials and technologies including Bamboo, Filler Slabs & Unfired Earth

Research in Unfired Earth showed that it needs a very specific

Soil Composition

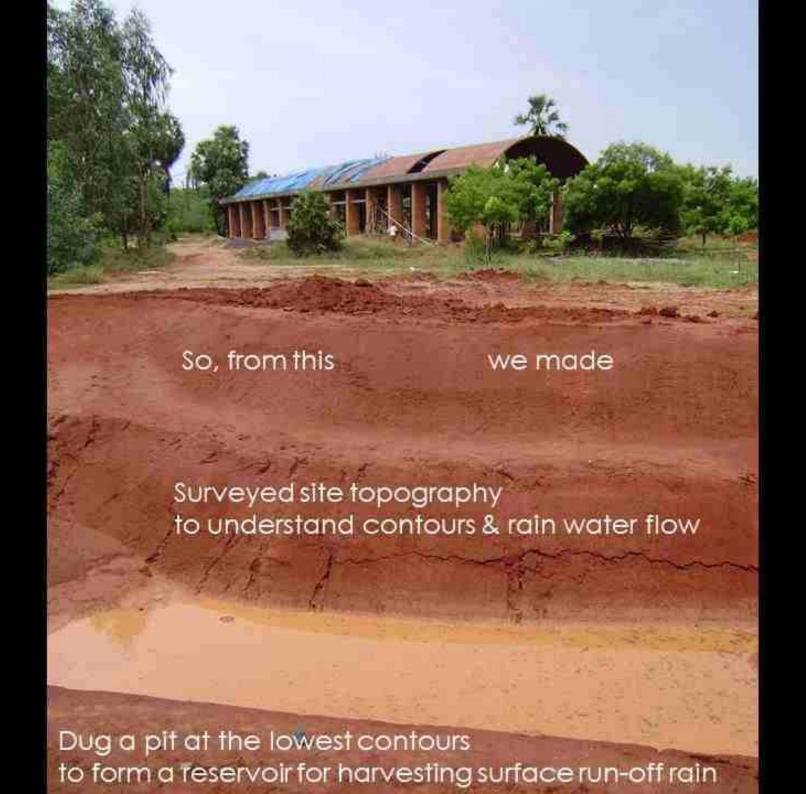
Sand: Clay: Gravel: Silt 50%: 20%: 15%: 15%

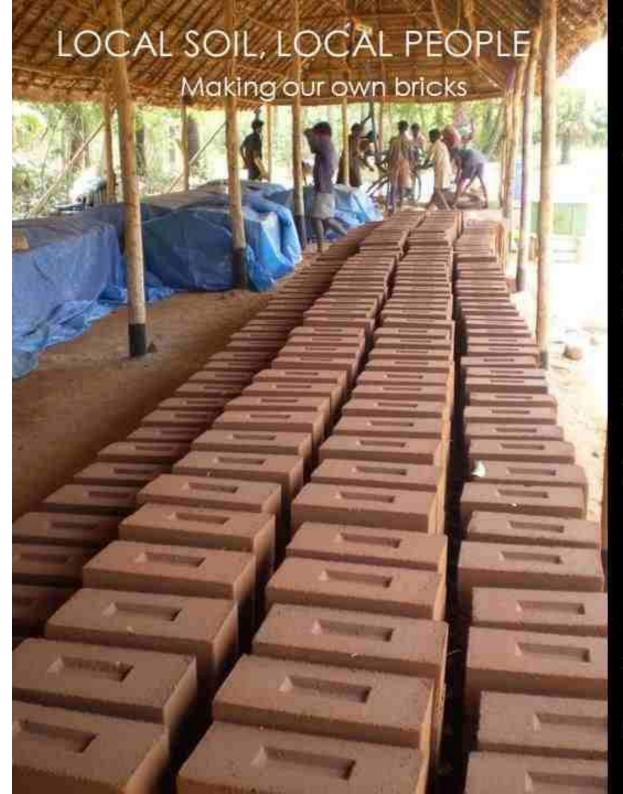
Sent Sharanam Reservoir Soil for Testing

Received Soil Test Results the following week, as follows:

Sharanam Reservoir Soil Composition

Sand: Clay: Gravel: Silt 50%: 20%: 15%: 15%





UNFIRED COMPRESSED EARTH BLOCKS AT SHARANAM

100,000 blocks of 9 different sizes

Made by training local villagers

Different blocks for Pillars, Walls & Roof

Advantages compared to Wire cut factory made bricks

Far superior quality

1/4<sup>th</sup> financial cost

1/10th environmental cost

3 times stronger

Made to a precision of 0.5 mm



# சரணம்

#### A COMPARISON OF BRICKS\*

|                                   | COUNTRY FIRED BRICK | CSEII HR 245**           | WIRE CUT BRICKS |
|-----------------------------------|---------------------|--------------------------|-----------------|
| Brick Size (L xW xH cm)           | 22 x 10 x 7         | 24.5 x 24.5 x 9          | 22 × 10.5 × 7.2 |
| Volume of Brick                   | 1540 cm3            | 5402 cm3                 | 1663 cm3        |
| Weight per Brick                  | 1825 Kg/m3          | 1929 Kg/m3               | 1876 Kg/m3      |
| Stabilisation                     | Fite                | 5% coment                | Fire            |
| Cost per unit on site (Nov. 2008) | Rs: 3.25            | Rs 645                   | Rs. 8           |
| Units per cubic metre             | 643                 | 193                      | 601             |
| Cost per cubic metre              | Rs. 2109            | Rs. 1187                 | Rs. 4808        |
| Wet Crashing Strength             | 35 Kg/cm2           | 74 kg/cm2                | 75-100 Kg/cm2   |
| CO2 Emissions                     | 517 Kg/m3           | 49 Kg/m2***              | 286 Kg/m3       |
| Embodied Energy                   | 5278 MJ/m3          | 505 MJ/m 3               | 2965 MJ/m3      |
| Mortar used                       | 1 cement 5 sand     | 1 cement: 5 and : 5 sand | 1 cement 5 sand |
| Mortas Quantity (per m2 wall)     | 72.5 litres         | 37.1 litres              | 72.4 litres     |

| ENVIRONMENTAL COST | CSEB is 10.5 times less polluting than country fired brick<br>CSEB is 5.8 times less polluting than wire cut brick               |  |
|--------------------|--|--|
| ENERGY CONSUMPTION | CSEB is 10.4 times less energy intensive than country fired brick<br>CSEB is 5.9 times less energy intensive than wire cut brick |  |
| STRENGTH           | CSEB is 2.1 times the strength of country fred brick<br>CSEB is as strong as wire-cut brick                                      |  |
| COST               | CSEB is 43.8% cheaper than country fired brick<br>CSEB is 75.3% cheaper than wire cut brick                                      |  |

Data obtained from Auriville Earth Institute and structural tests cooducted upon our site produced blocks at
The Structural Testing Lubicatory, Ponticherry Engineering College.
 Hollow Cement Stabilised Earth Block with earthquake resistant feature as produced on site and used in the exposed parts.
 Energy volues for CSEB integrate the energy for transporting materials. 150km for cement and 20km for sand.





# RAMMED EARTH FOUNDATIONS

Foundations made from the earth dug out of the foundation pits itself

Soil was seived, Mixed with a pinch of cement And rammed back in

No soil brought from outside

No steel or concrete used in Foundations

Only 3 feet in depth

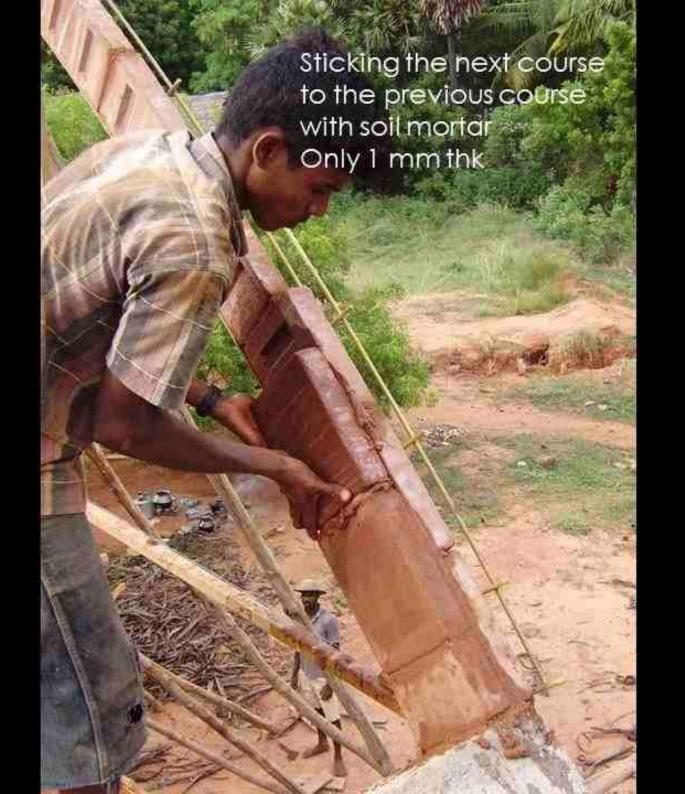
And are strong enough to carry a 7 storey building on it



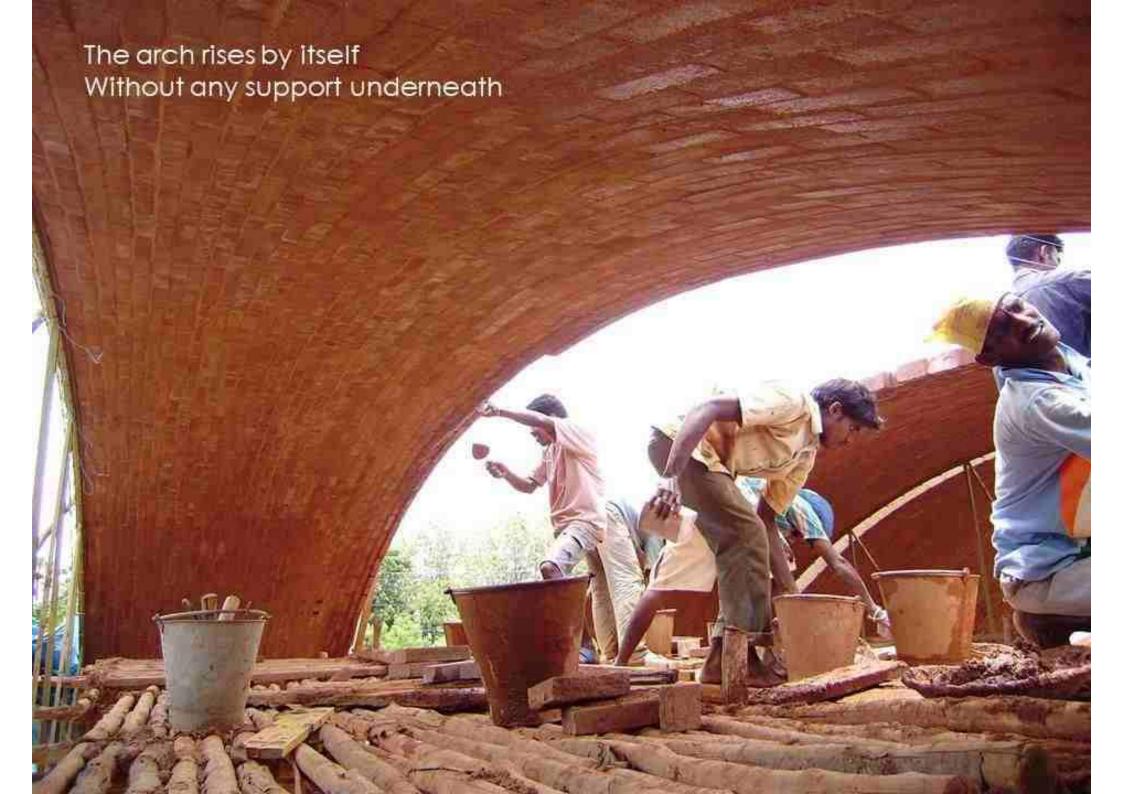


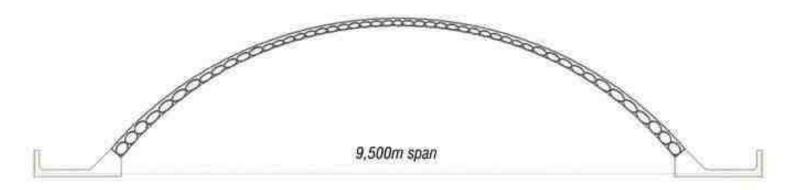










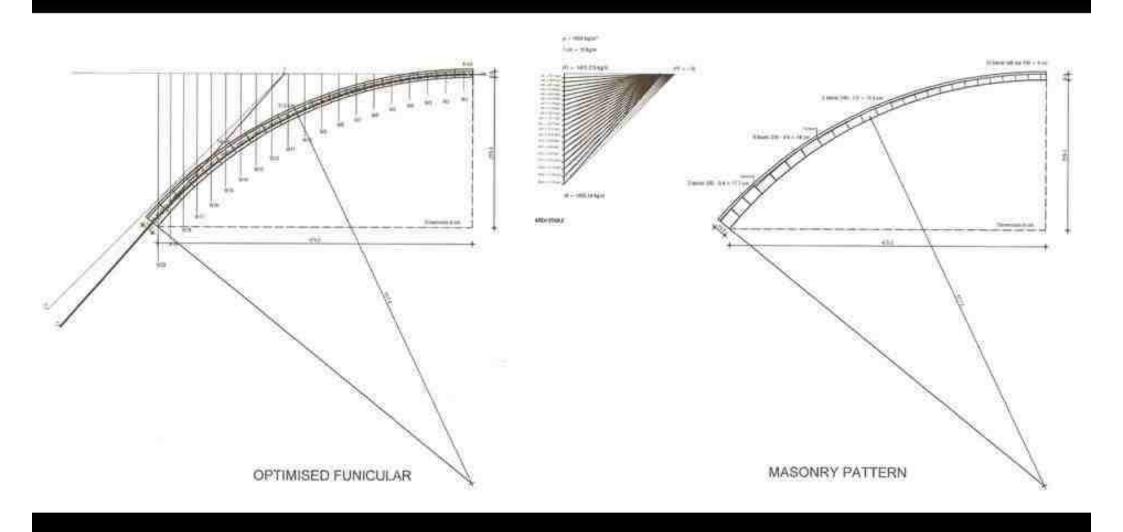


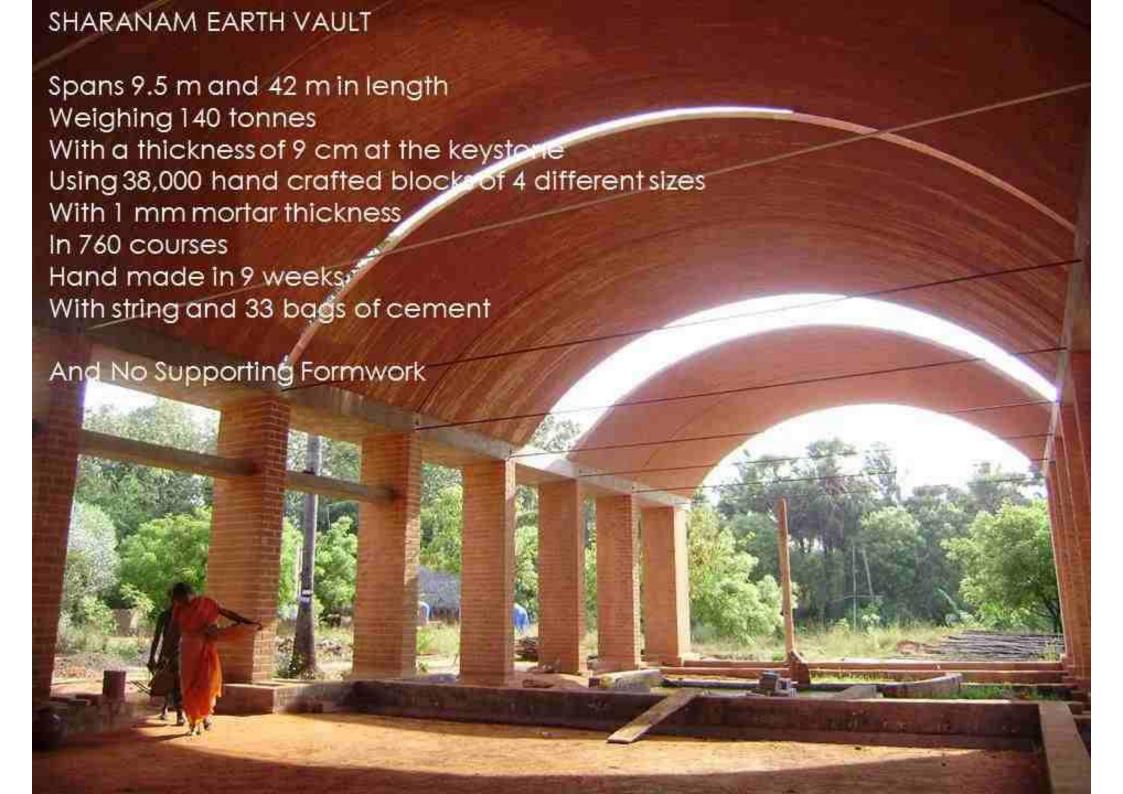
segmental arch optmised to behave like a catenary



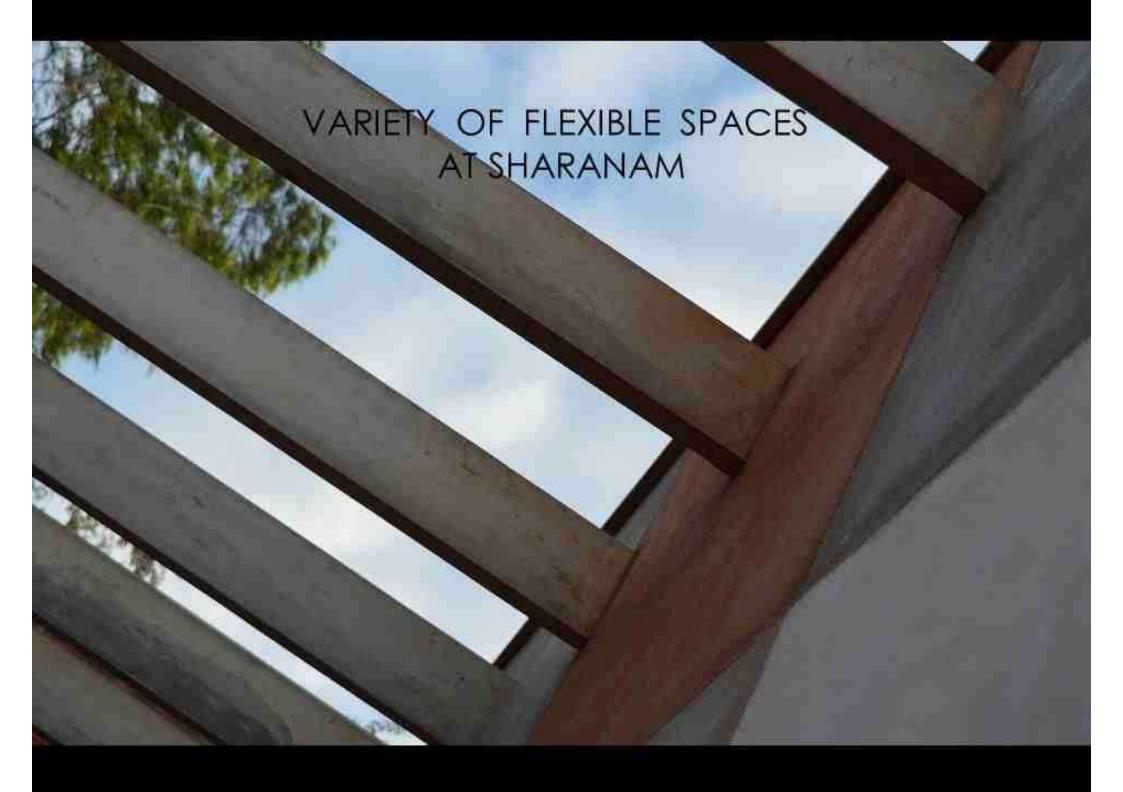
# OPTIMISATION STUDIES

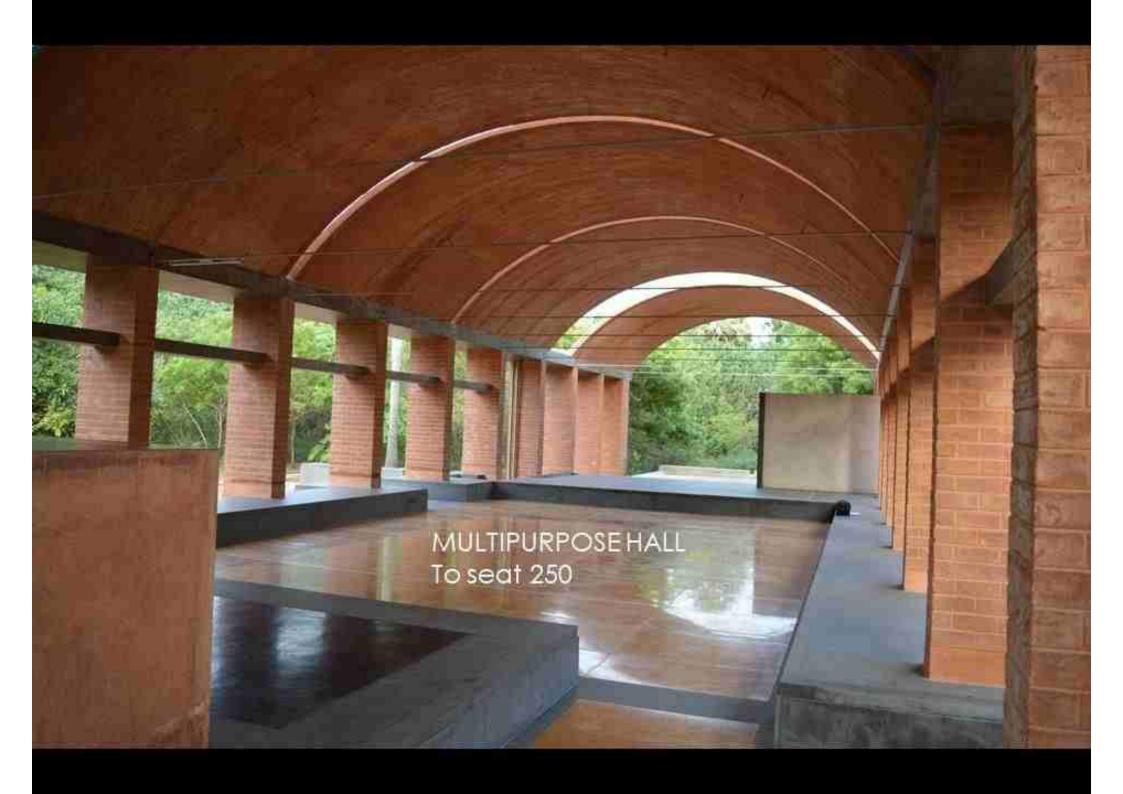
Thickness of Arch reduced from a normal 5 feet (in case of burnt brick)
To a mere 9 cm ~ 4 inches at the keystone

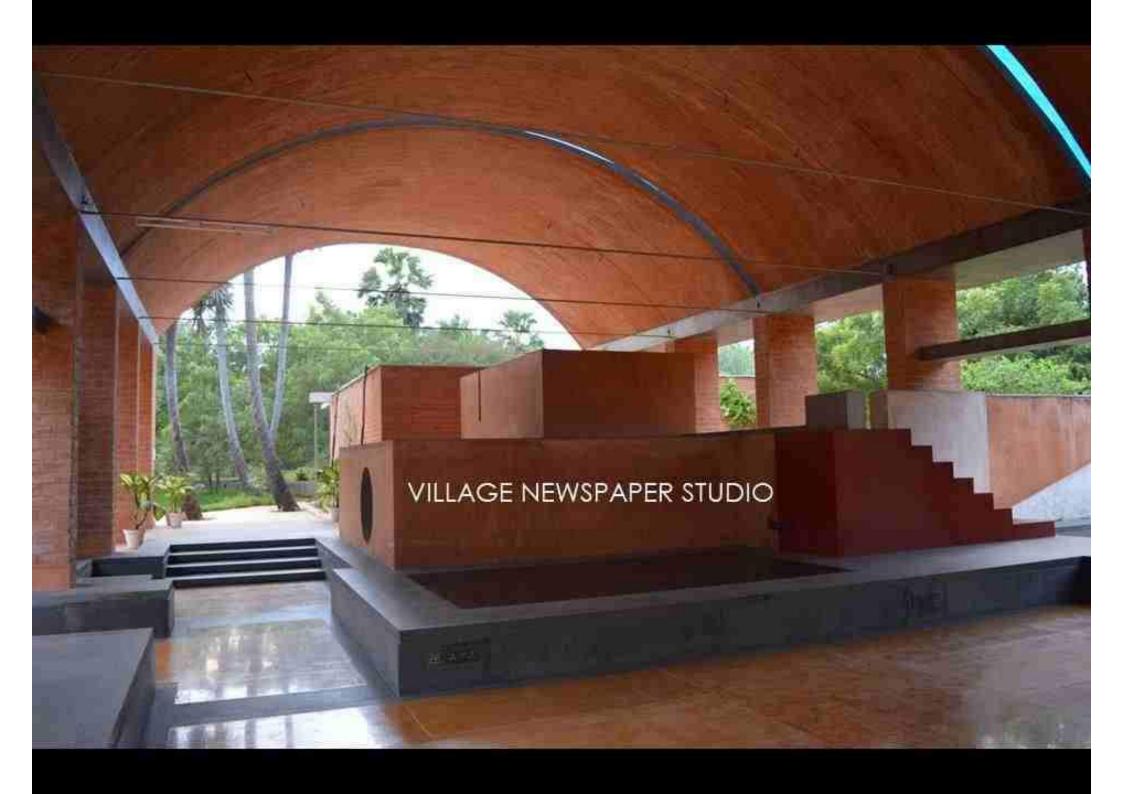


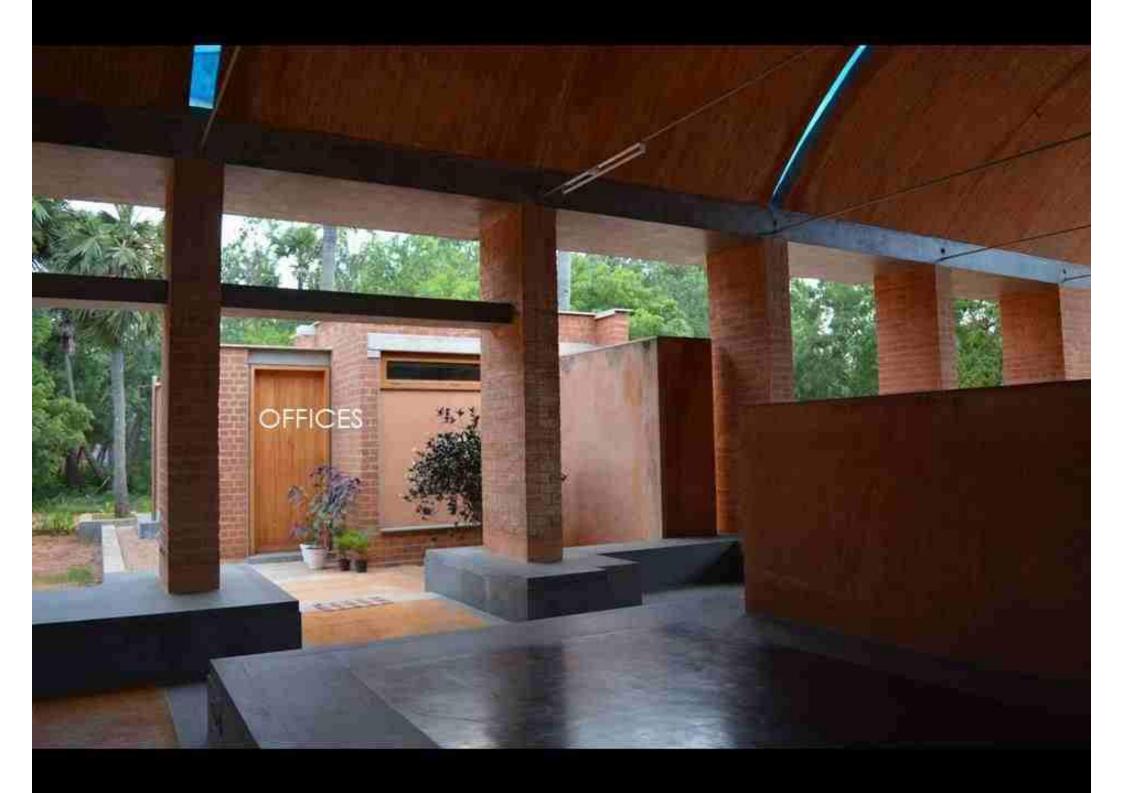


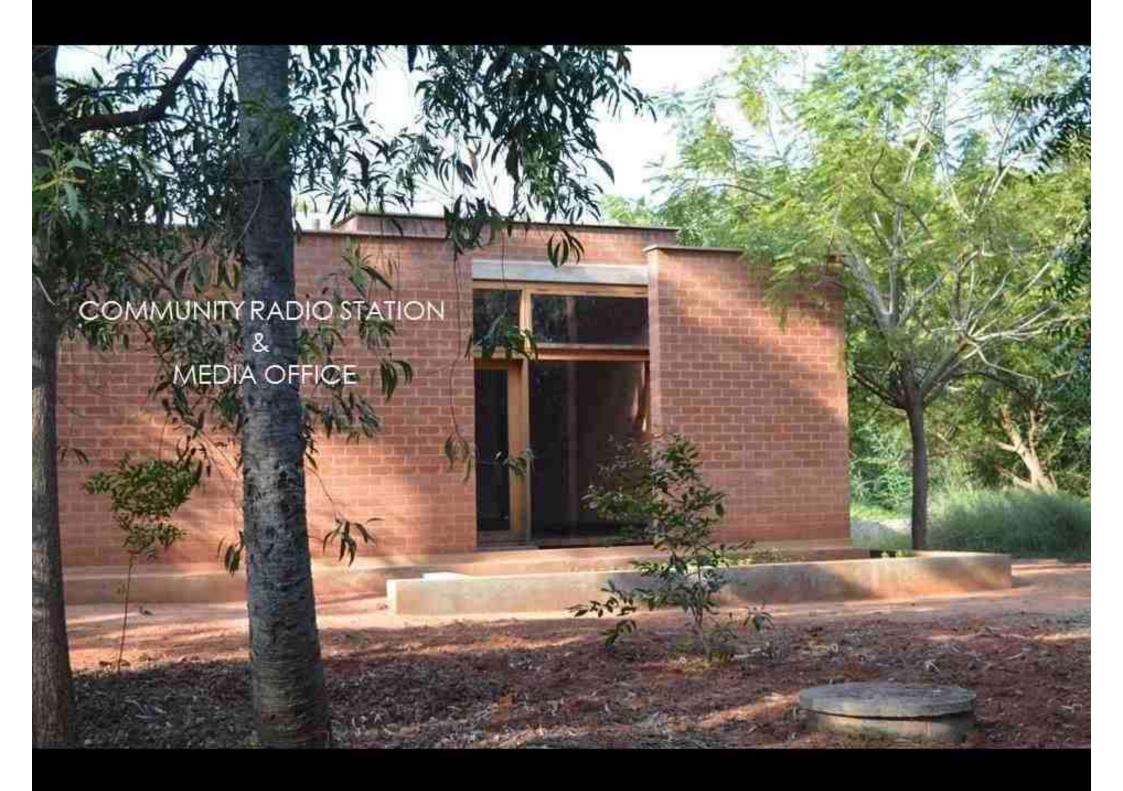




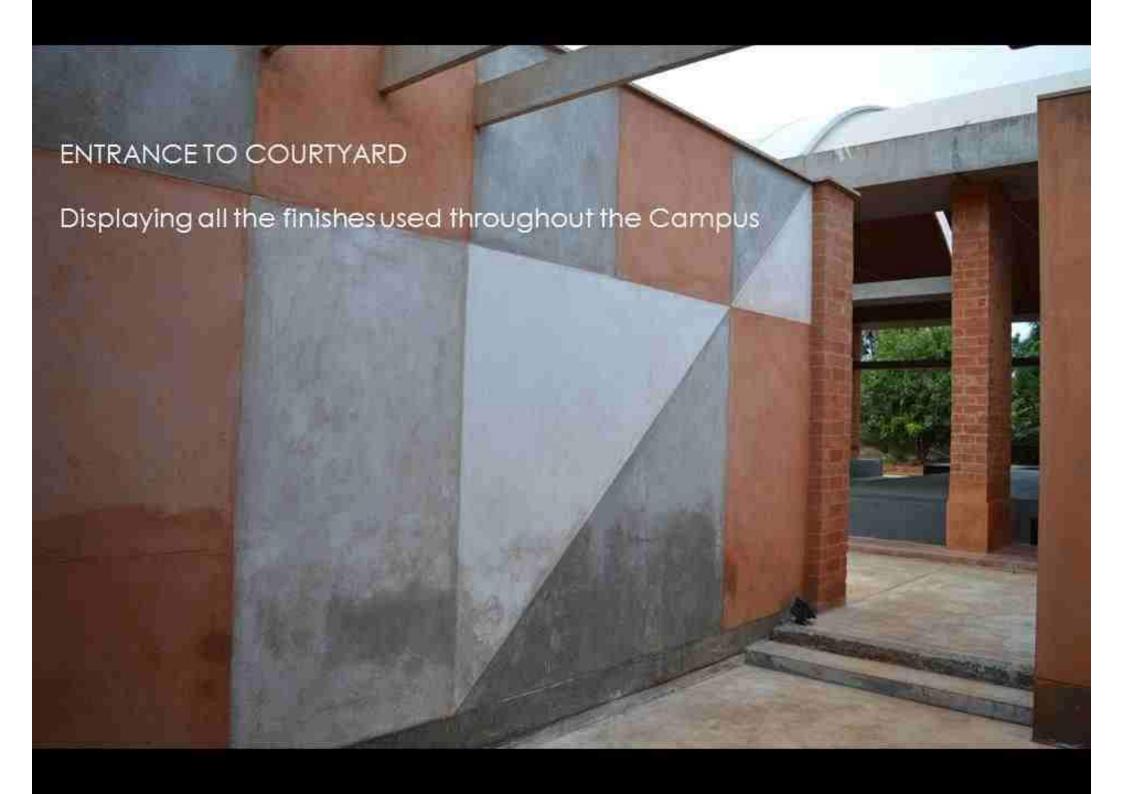






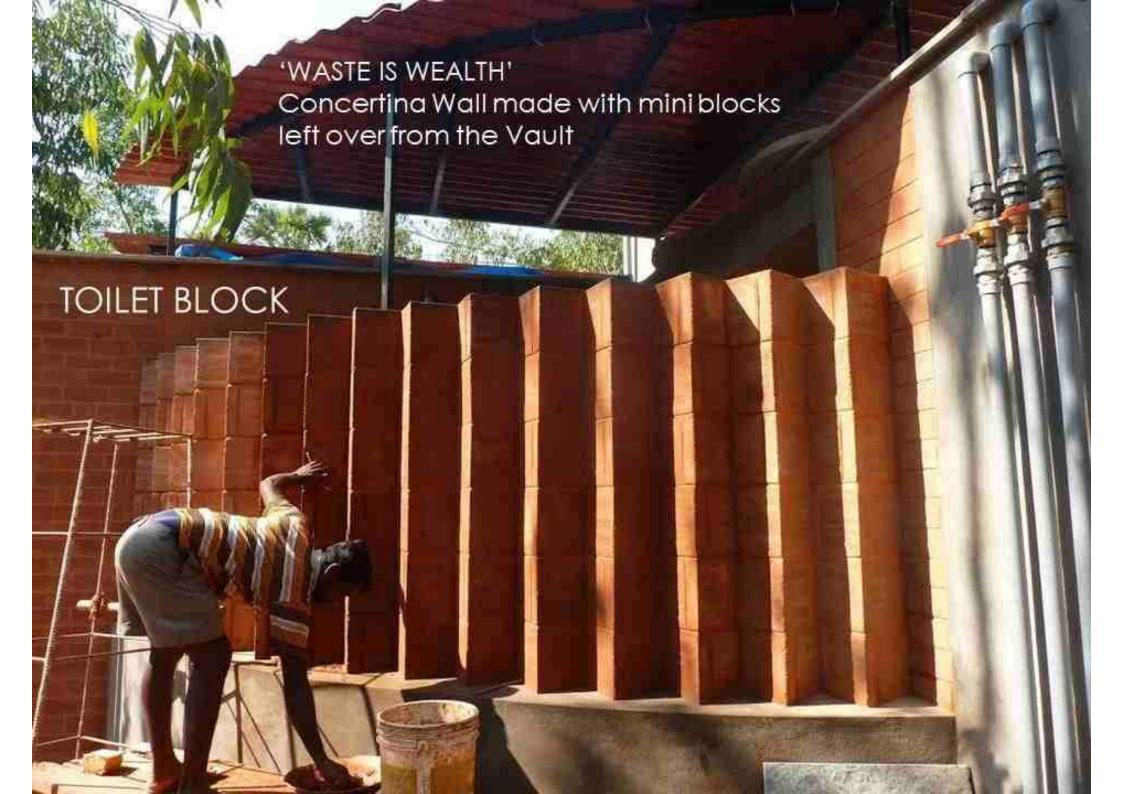














# ENVIRONMENTAL PRACTICES

### A. WATER

Complete Rain Water Harvesting

- Roof Top Rain water
- 2. Surface Run-Off
- 3. Minimum Dependence on Ground Water

#### B. SANITATION

Ecological sanitation practices

- Use of Urine as fertiliser. No chemical fertilisers
- Composting Night soil for use as manure

#### C. ZERO WASTE

- 1. Optimisation in Design
- 2. Building Methods ensure zero construction waste

# ENVIRONMENTAL PRACTICES

### D. ENERGY EFFICIENCY:

Bringing down energy requirement through Intelligent Building Design

### COOLING STRATEGIES

13 Passive Solar strategies for Thermal Comfort Active ecological cooling technique

### 2. LIGHTING

Use of Daylight for all spaces

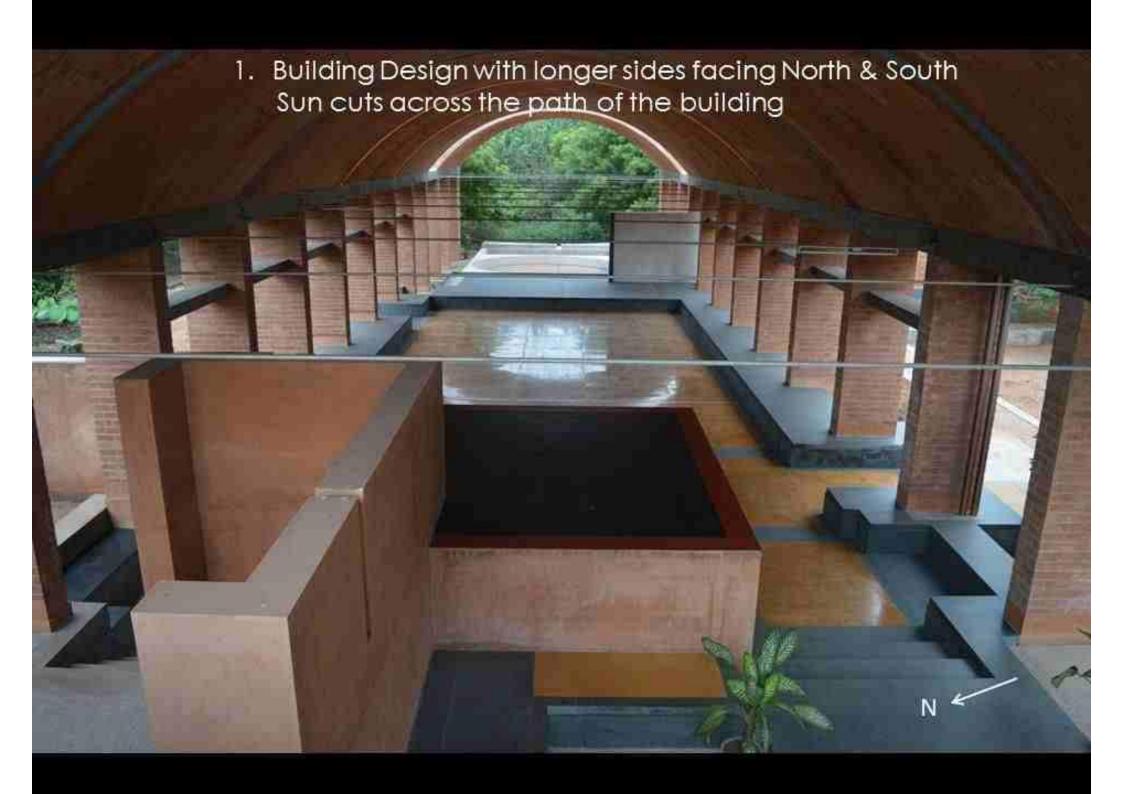
## 3. ACOUSTICS

Architectural Design of Main Hall Allows a person to talk to 250 people at normal volume Without using microphones

### E. USE OF RENEWABLES

Balance requirement to be met by solar energy



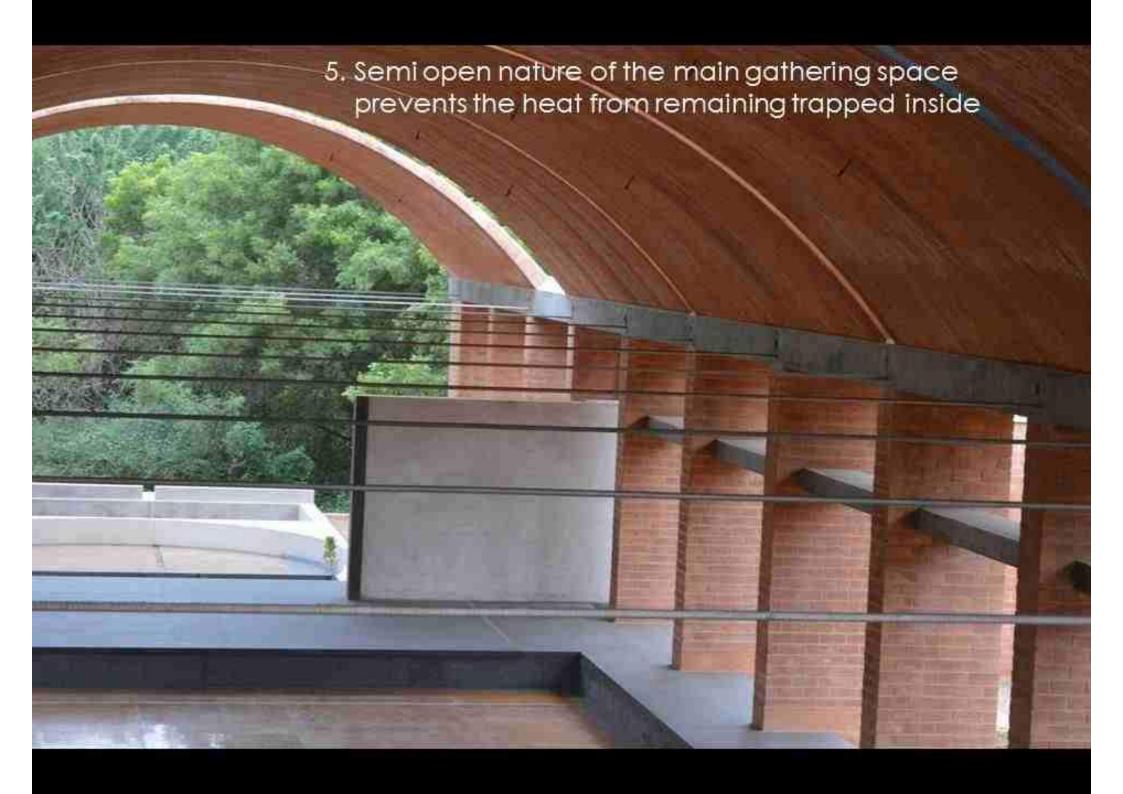


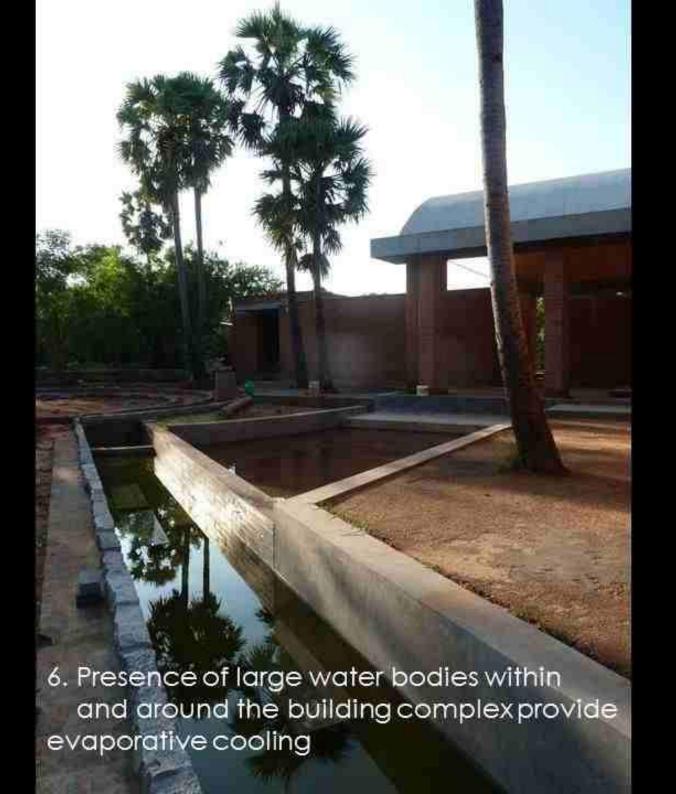


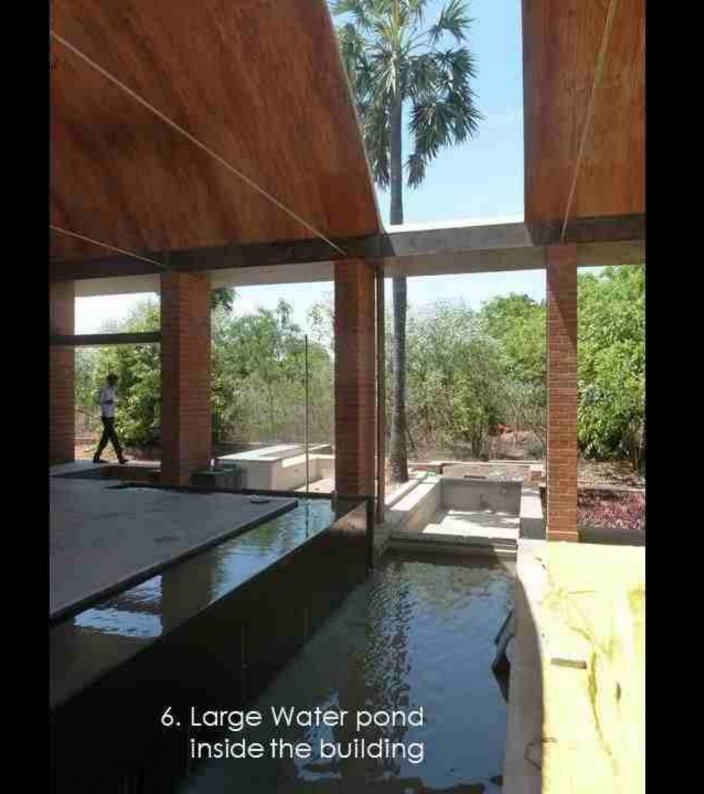




4. Green ground cover
all around the building so heavier air
at lower level cools down before
entering

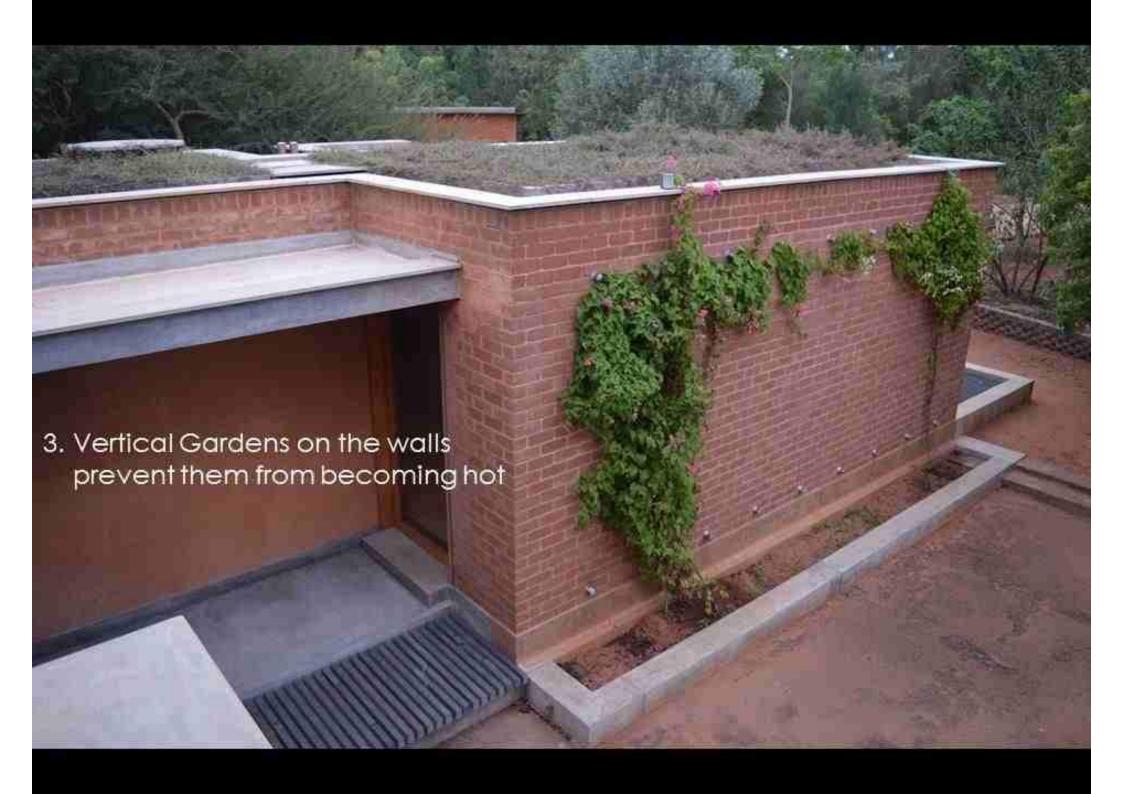


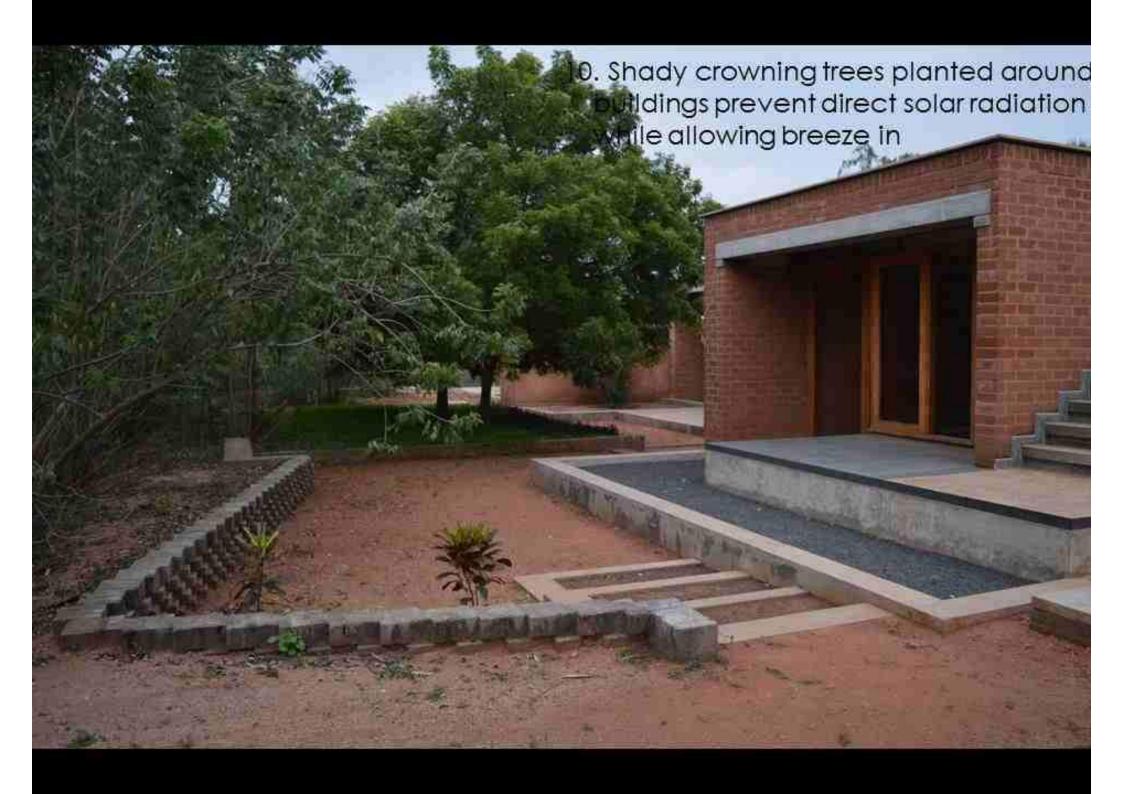


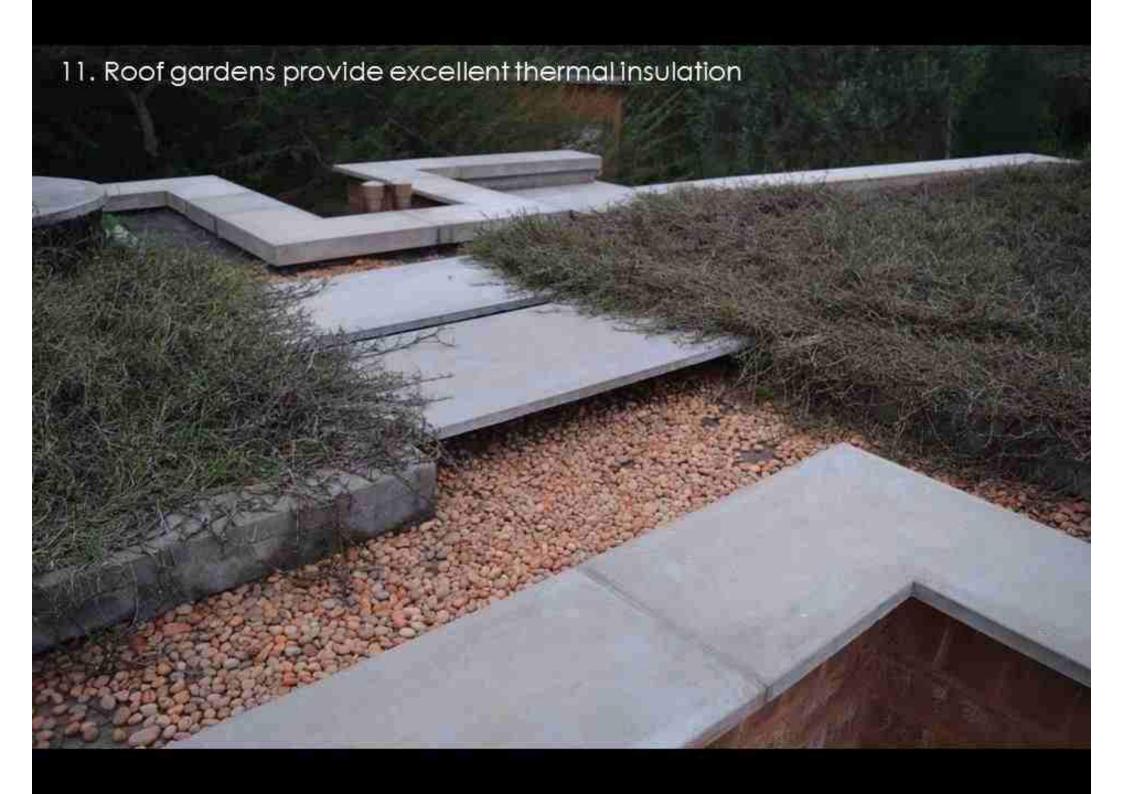


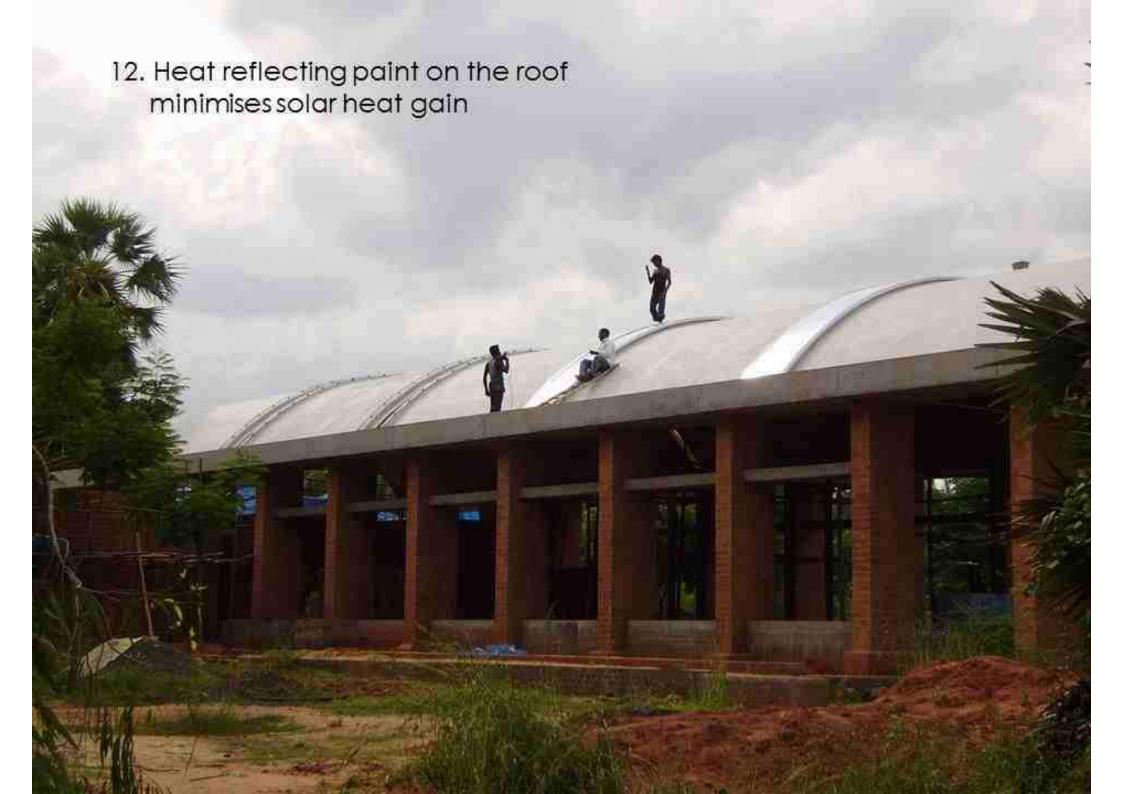


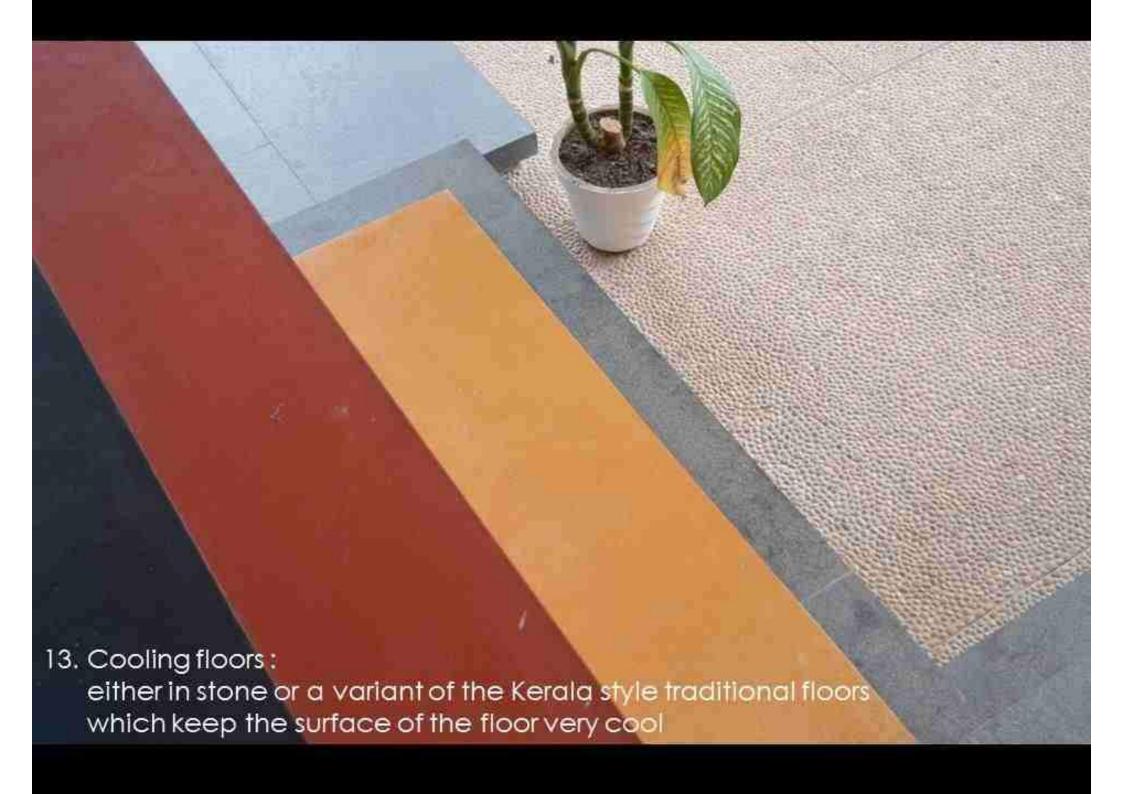




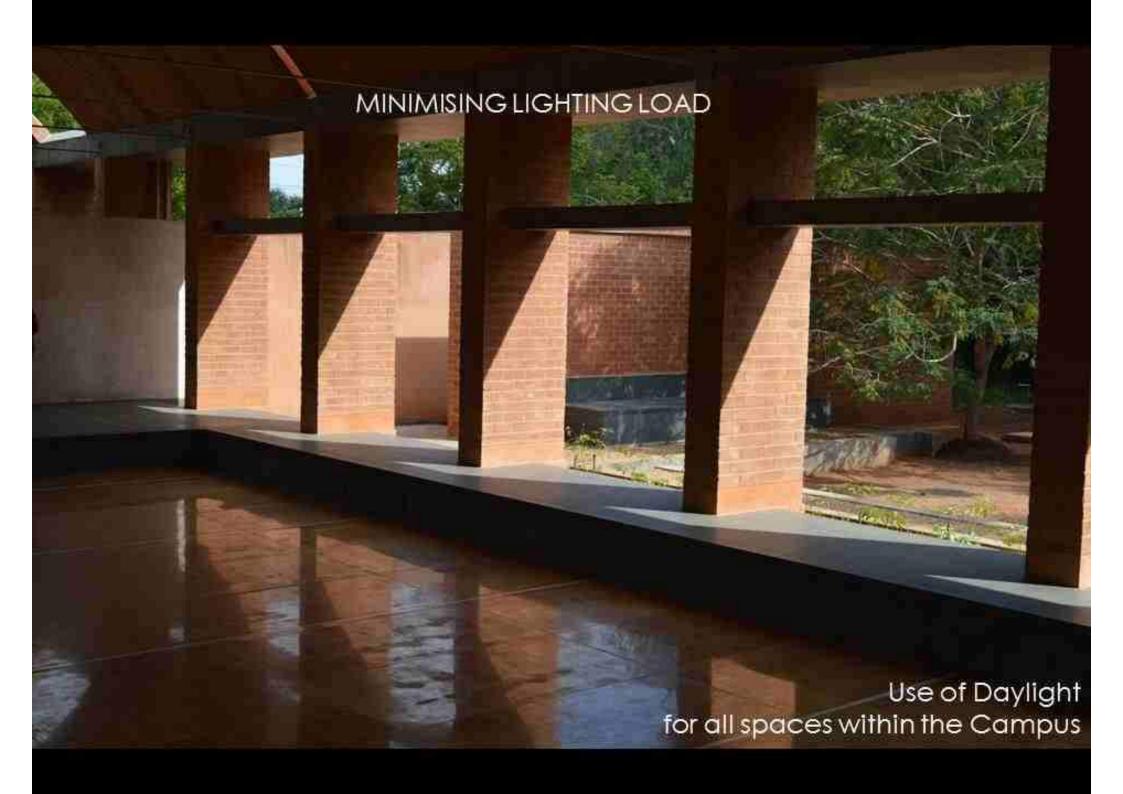












## THE EARTHEN MAIN BUILDING AT SHARANAM IS

# FINANCIAL COST

40 % cheaper than a conventional RCC frame

50 % cheaper than RCC vault

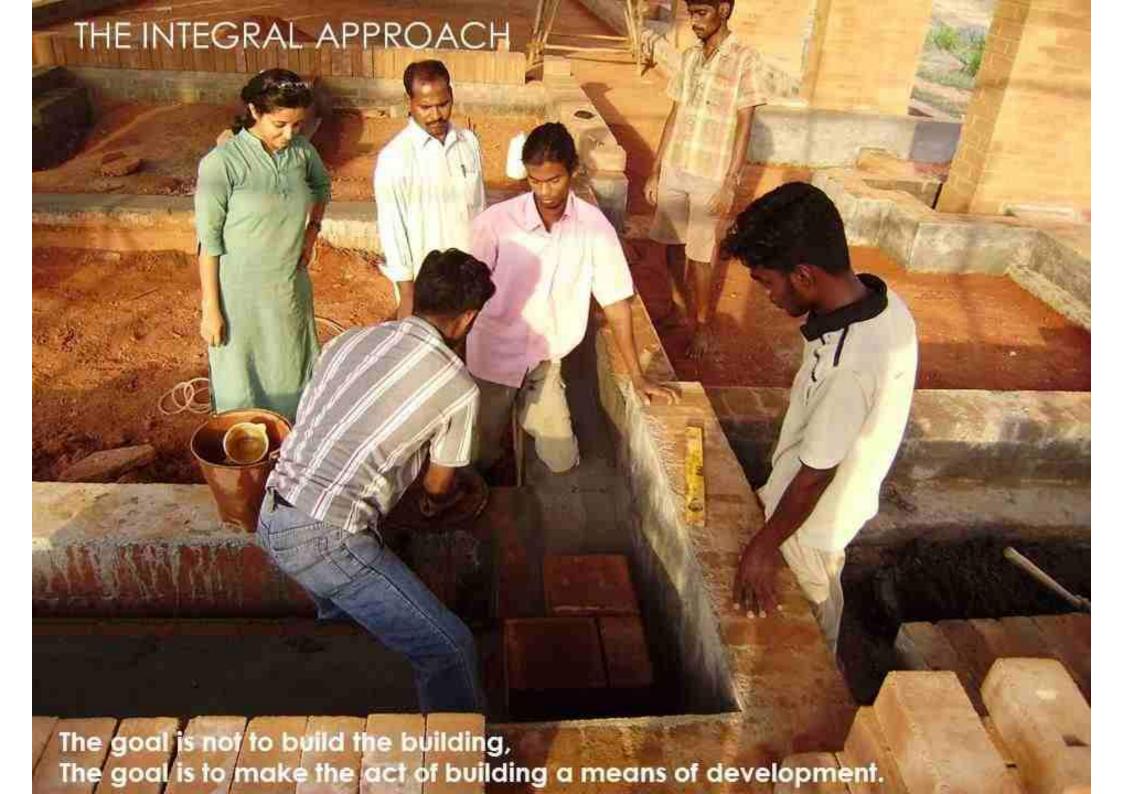
75% cheaper than a conventional brick vault

# ENVIRONMENTAL COST

90% cheaper than a conventional building system in India today

# WHY WE DID NOT ACCEPT 'GREEN RATING' ?

- The Rating Agency in India gives 5 star green rating for a building that scores 80 out of 100.
  - According to them, Sharanam was scoring 104 out of 100, with 4 additional points for Innovation.
  - They did not have any category for this score.
- They were charging a registration fee of Rs. 3 L for a village project.And in that money, we built another building.
- 3. As part of protocol, they needed us to pay Rs. 7 L to a 'consultant' who can tell us how to increase the green rating of the building. And they said that Sharanam had already done much more than what the 'consultant' can tell. However, the fee was mandatory.
- Their understanding of thermal comfort was a standard 28 degrees
   C, irrespective of local climate, food habits, clothing and lifestyle.





### THE INTEGRAL APPROACH

Redefining the role of a 'professional'
Architect here, is not a person in an AC office who gives out drawings,
But a hands-on professional engaging in the wider
interdisciplinary context of development

The entire building has been built without a 'Contractor'
This removes heavy % cuts taken by brokers
And workers receive due wages on time

Instead, the architects are leading the construction

By directly training local unskilled villagers from the surrounding bio-region

More than 400 local villagers have been trained in upto 20 specialist building skills With them, Sharanam has been built to a precision of 1 mm The drawings and actual construction will differ by no more than 1 mm

Skilled local workers had their skills upgraded Introduced to new and scientific techniques and higher standards of work

# THE INTEGRAL APPROACH

At Sharanam, we believe that 'Green Building' is not just a finished product that can be quantitatively evaluated through carbon emissions and number crunching in energy audits

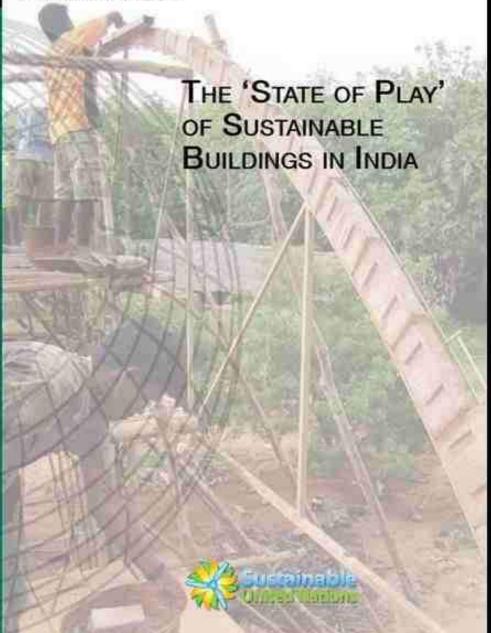
It is the qualitative expression of a process of building that makes it Sustainable

It is the Integral Approach towards
building Sharanam
which includes not only
the cultural and climatic context of Tamil Nadu,
the technological context of 'Sustainability',
but also the wider human dimension and
the social context of rural development
which have contributed to the
'Green-ness' of Sharanam.

Here, the Act of building is seen as a means of Development\*







## RECOGNITION

Sharanam

has been chosen by

UNEP

**United Nations** 

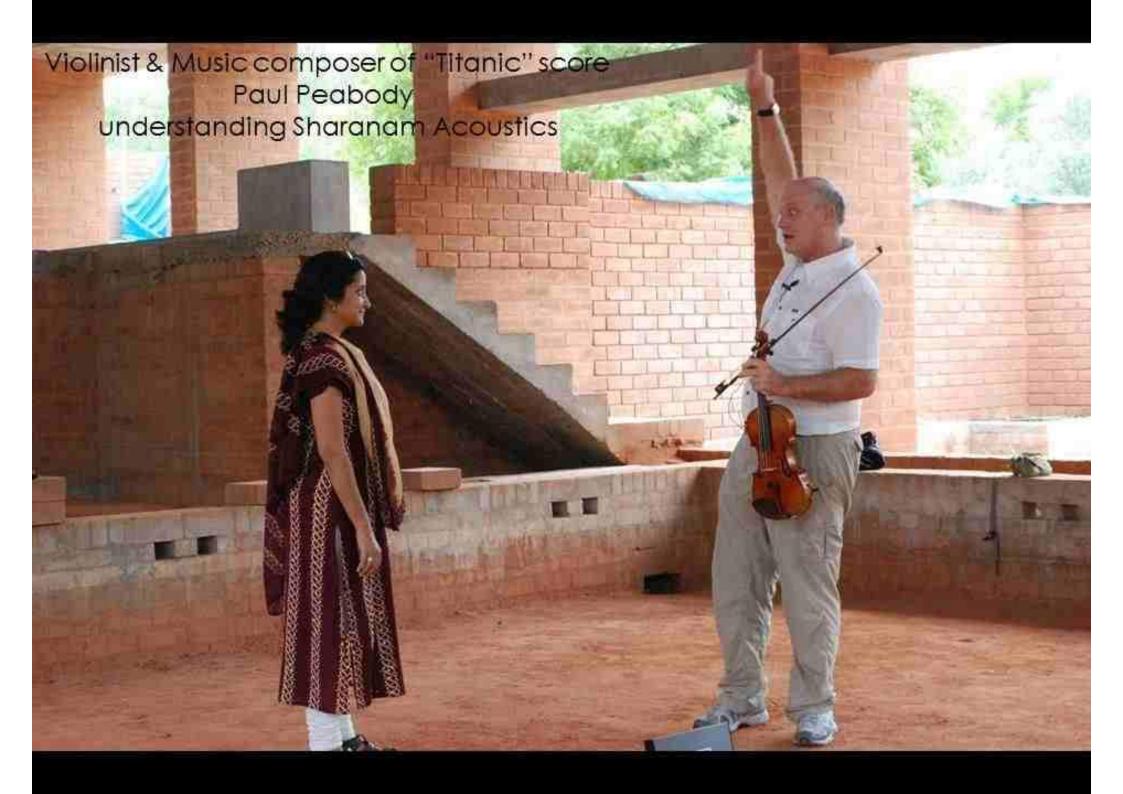
Environmental Programme

As the model for

Sustainable Buildings in India







LETTER FROM

MR. SHRIKRISHNA BHAVE,

DIRECTOR, HUMAN RESOURCES, FORBES

"It is with a sense of nostalgia that I am writing this note. I and my colleagues at Forbes are back to our work and business life but in my mind & in the minds of many, the question still lingers - whether this is real or what we saw out there in auro society, Sharanam & Sarvam was real.

Getting a glimpse of the huge work being done on the human development index and personally experiencing the above, even if briefly, has made a profound impact on me and my colleagues. The deep, grass root level and transformational work that you and your team are doing is beyond praise - we can just gape at it in awe, wonder and admiration.

This is to thank you on behalf of Forbes Senior Team and also to extend my gratitude for enriching our lives, if only for a day."





## PROF. DOUG KING, UK

Considered among the top 10 most influential people in UK in the field of Sustainable Development

Excerpt from his website www.dougking.co.uk

"Last week I had the privilege of working with a couple of architects in India who have given up a substantial portion of their professional lives to work voluntarily for an NGO, the Sri Aurobindo Society, on a new centre for village development and education.

Jateen Lad and Trupti Doshi have constructed a building of great beauty and power which will act as a focus for education and enabling activities by the society, but they have done so much more than simply designing a building.

Sharanam, as the building is known, is a village development project in its own right. Over the last seven years Jateen and Trupti have used the construction project as a vehicle to train and empower local villagers."



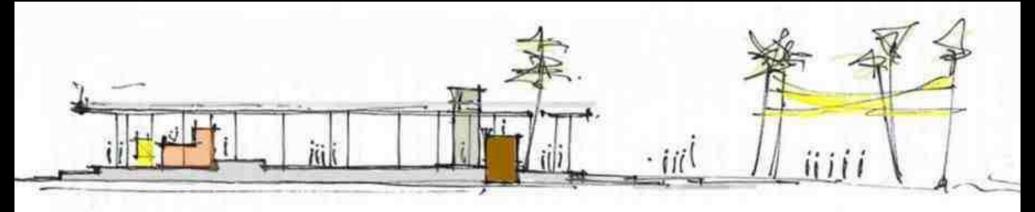












A conscious power has drawn the plan of life,









Lines from Sri Aurobindo's poem 'Savitri'

